Editorial:

Dear readers, Welcome to the first issue of our e-Newsletter. The Newsletter is intended, among other things, to inform its readers about the progress made by the University, and the series of events that took place HKMU during reporting time. It is also expected to serve as an avenue through which the University can receive public views and recommendations on our various activities.

We would like to receive, from our esteemed readers, suggestions for improving our future issues. We also invite contributions in the form of articles, reports, condensed research results, and other categories of information, for inclusion in our Newsletters.

We wish all of you pleasant reading.

Editorial Team

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Professor Pauline Peter Mella, of Hubert Kairuki Memorial University, selected Winner of the Princess Srinagarindra Award, for the year 2015, in Bangkok-Thailand, at an Award ceremony which took place on 22nd October 2015. Dr. Rose Ndlovu from Zimbabwe, was the co-winner.

The Princess Srinagarindra Award for the year 2015, was presided over by Her Royal Highness Princess Maha Chakri Sirindhorn, and is conferred annually upon a distinguished nurse/midwifery leader, who has made a significant contribution, though direct care, research, education or management, for the development of the nursing profession in her/his country.

Professor Mella, former and founding Dean of the Faculty of Nursing at HKMU, is a pioneer of Bachelor of Science in Nursing Education in Tanzania. It was Prof. Mella’s dedication to nursing profession that led to the development of a Tanzanian curriculum for teaching Bachelor of Science Degree in Nursing in Tanzania.

She started working on a programme of teaching BSc Nursing in 1983, when she was employed at the Muhimbili University College of Health Sciences (MUCHS). In 1989, the Government agreed to welcome aboard her idea, and the first intake of BScN students was in 1990.

Prof. Mella is the author of many publications, and has been the recipient of numerous awards.

Currently, Prof. Mella, although retired, consults and lectures at the Faculty of Nursing as well at the Mikocheni School of Nursing.
HKMU Graduands urged to Demonstrate Qualities of Excellence

The Vice Chancellor of Vice Chancellor of Hubert Kairuki Memorial University, Prof. Keto Eltabu Mshigeni, urged graduands to demonstrate qualities of excellence while serving their societies. Addressing the 13th Graduation ceremony of HKMU, held on 28th November 2015, at HKMU premises, Prof Mshigeni conveyed a special message of congratulations to all graduands on their individual and collective achievements, but also urged them to demonstrate qualities of excellence learnt while studying at HKMU.

"As you receive degrees, diplomas, and certificates bearing the name, Hubert Kairuki Memorial University, and as you go out to serve society, our expectation is that you will demonstrate these qualities, and also be characterised by each of the desirable attributes and virtues, that we have shared with you during our various interactions and consultations", emphasized the Vice Chancellor.

While marking the 13th Graduation ceremony, the Chancellor of HKMU Hon. Dr. Salim Ahmed Salim, conferred degrees, and awarded diplomas and certificates to a total of 154 graduands. Among the 154 graduands, 104 were females, and 50 were males. Females comprised 68% of all the graduands, while males comprised only 32%.

The Chancellor Dr. Salim Ahmed Salim conferring Master of Social Work Degree to one of the graduands.
The Vice Chancellor of Hubert Kairuki Memorial University, Prof. Keto Mshigeni, announced new appointments, effective from October 2015, following approval made by University’s statutory organs, where Dr. Titus Kabalimu has been appointed Director of Postgraduate Studies and Research. Formerly, the Directorate of Postgraduate Studies and Research was under Prof. Sylvester Kajuna.

Before the appointment, Dr. Kabalimu who is a Senior Lecturer, was the Head of Department of Community Medicine.

The Vice Chancellor also announced new appointments at faculty level, where Dr. Monica Chiduo, (Senior Lecturer), has been appointed Dean Faculty of Medicine, taking over from Dr. Felician Rutachunzibwa, and Mr. Amiri Mmaka (Lecturer), Dean Faculty of Nursing, taking from Ms. Elizabeth Mika who was Acting.

Before the appointment Dr. Chiduo was head of Department of Obstetrics and Gynaecology and Mr. Mmaka was the head department of Community Health Nursing.
On 17th December 2015, a delegation from Tanzania Commission for Universities (TCU) visited Hubert Kairuki Memorial University (HKMU) for the purpose of familiarization with the vision, mission, and core objectives of HKMU.

The delegation, which was led by TCU’s Executive Secretary, Prof. Yunus Mgaya, also visited HKMU’s teaching and learning facilities.

Among other things, the delegation was very impressed by the teleconference facility HKMU has installed, at the 2 lecture halls in the students’ hostel building, which enables a lecturer to conduct lectures at two different lecture halls at the same time.

This technology has helped HKMU to solve the problem of a shortage of big lecture halls adequate for accommodating big numbers of students, and to some extent, also the problem of shortage of lecturers.

Very inspiring discussions were held towards overcoming the challenges facing higher education stakeholders in Tanzania, and towards breeding standards of excellence.

Group picture of the delegation from TCU led by Prof. Yunus Mgaya (centre) and members of HKMU Management when visited the University.
The African Union Commission in collaboration with the African Academy of Sciences (AAS), appointed Prof. Keto Elitabu Mshigeni, to serve as Jury of the African Union Kwame Nkrumah Scientific Awards Programme, 2015 Edition. Prof. Mshigeni who is the Vice Chancellor of Hubert Kairuki Memorial University (HKMU), attended jury sessions from 7th to 11th December 2015, in Addis Ababa Ethiopia.

The objective of the African Union Kwame Nkrumah Scientific Awards, is to award Cash Prizes and Recognition Certificates to excelling African researchers for their achievements in Earth and Life Sciences, and Basic, Science, Technology and Innovation sectors.

**Vision of HKMU**

The Vision of HKMU is to become a model private University in Tanzania, and in Africa, one that provides highest quality education, conducts cutting-edge research, and provides excellent services to society.
On 19th February 2016, HKMU and the University of Denver - Graduate School of Social Work-USA, signed a Memorandum of Understanding (MoU), directed towards establishing mutually agreed support and cooperative relationships.

Dr. Theresa Kaijage, Head Department of Social Work at HKMU, said that the signed MoU will enhance the development of collaborative educational and research projects.

“The envisaged activities will encompass elements of staff exchanges for teaching and research, administrative and professional staff internships and exchanges; joint research projects, including joint applications for research funding support; and short-term as well as longer-term study and research by students and faculty members of the two Universities”. She emphasized.

The signing of the MoU was done by Prof. Keto Elitabu Mshigeni, the Vice Chancellor of HKMU and Prof. James Herbert Williams, Dean, Graduate School of Social Work, University of Denver.

Mission of HKMU

The Mission of HKMU is to educate liberally and broadly, to qualify men and women to advance frontiers of knowledge through research, and to provide consultancy and advisory services to the public.
The 17th Anniversary since the death of the Late Prof. Hubert Kairuki, the Founder of Kairuki Hospital, Hubert Kairuki Memorial University (HKMU), and Mikocheni School of Nursing (MSN), and the Kairuki Health and Education Network (KHEN) under which the 3 institutions are incorporated, was marked by performing community outreach programmes, and convening the public lecture.

On 4th February 2016, an NGO called Tanzania Health and Medical Foundation (TAHMEF), organized a World Cancer Day Walk of 4 Kms, which aimed at raising awareness to the public on the need for cervical cancer screening. HKMU students and staff participated effectively, Prof. Esther Mwaikambo, was the Chief Guest. On the same day, HKMU students and members of staff, were involved in giving free medical advice, consultation, counseling and minor treatments, to the people around Boko.

Cancer Day Walk held on 4th February 2016.
On 5th February 2016, the 7th Hubert Kairuki Memorial Lecture, titled “Mushrooms and Human Health”, was delivered by Prof. Keto Mshigeni, Botanist, and a World Renowned Scientist. The public lecture was well attended by staff, students and invited guests. Moreover, free eye screening programme was conducted by the Kairuki Hospital, which was held for two days consecutively, from 4th to 6th February 2016, held at Kairuki Hospital premises.

The launching of the Mushroom Research and Development facility at Boko was held on 6th February 2016, which was the climax of the commemorations at HKMU’s Boko Campus site.

The HKMU Chancellor, Hon. Dr. Salim Ahmed Salim, officiated at the launching of the facility, and awarded certificates to 163 trainees who had completed the intensive mushroom farming training course, jointly offered by HKMU and TIRDO, with funding support from COSTECH.

The general public was afforded an opportunity to buy mushroom farming advocacy publications generated by HKMU, as well as mushrooms produced from the R&D facility.

Every year, the Kairuki Health and Education Network, and its institutions organize Anniversaries to celebrate the life, times, and achievements of the visionary medic, academician, philanthropist, missionary, entrepreneur, and nationalist, the Late Prof. Hubert Kairuki.
Chancellor Dr. Salim Ahmed Salim issuing a certificate of participation to one of the farmers who attending Mushroom Farming training at Boko. On his left is Mrs. Kokushubila Kairuki, Chairperson of the Board of Directors.

HKMU Launched Mushrooms Research and Training Centre at Boko Research
Members of the East African Commission (Health), and Medical Council of Tanzania, who visited HKMU on 14th March 2016, as part of the Second Joint Inspection of University Medical/Dental Schools and Teaching Hospitals in Tanzania, commended HKMU for the efforts putted in the training of Medical Students.

According the report of the 2nd Joint EAC inspection team, received by HKMU on 13th April 2016, generally the team observed that “HKMU is providing adequate education and training for Doctors that meet the standards required for reciprocal registration/recognition in the EAC Partner States”.

The aim of the inspection was to ascertain that there are sufficiently high standards of training medical professionals in the EAC Region, as part of the implementation of the EAC Protocol on Common Market on Free Movement of Labour and Capital. The Inspection team came to Tanzania after it had completed the exercise in Uganda and Kenya. The team also requested HKMU to work on the challenges as identified by the team.

HKMU Commended by the EAC Inspection Team

HKMU Motto

The University’s Motto is 'HKMU for a Brighter Future'.
Hubert Kairuki Memorial University (HKMU), once again managed to get two Peace Corps Volunteers from USA, to support teaching activities, one at the Faculty of Medicine and the other at the Faculty of Nursing.

Speaking at the 13th Graduation ceremony held on November 15th 2015, Vice Chancellor of Hubert Kairuki Memorial University, Prof. Keto Mshigeni, introduced Professor William J. Kovacs, who will be supporting the faculty of Medicine-internal medicine department, and Ms. Rebecca Emerson, Lecturer, supporting the faculty of Nursing, both joined HKMU in August 2015.

Prof. William J. Kovacs was educated at the University of Chicago, where he got his Medical Doctor Degree in 1977. He trained in Internal Medicine at the Medical College of Virginia from 1977 to 1980, and in Endocrinology and Metabolism at the University of Texas Southwestern Medical
Center in Dallas from 1980 to 1984. He has also served on the faculties of Vanderbilt University from 1985 to 2004, the University of Texas Southwestern Medical School from 1984 to 1985 and 2004 to 2010, and the Pennsylvania State University College of Medicine from 2010 to present.

Prof. Kovacs directed the sub-speciality training program in Endocrinology and Metabolism at UT Southwestern from 2004 to 2010. His research on hormone action and endocrine-immune system interactions has been funded by the U.S. National Institutes of Health, The United States Department of Veterans’ Affairs, The Lupus Foundation of America, and the Lupus Research Institute.

Rebecca Emerson, a Certified Pediatric Nurse Practitioner, worked with the Salisbury Pediatric Associates of North Carolina. She has Master and Bachelor of Science in Nursing trained at the University of North Carolina, and also she is a Registered Nurse. She works with UNC Health care Systems, Chapel Hill at North Carolina.

**HKMU Students Conduct CME**

HKMU students association with the assistance of the Department of Paediatrics and Child Health, conducted Continued Medical Education, held on 12th February 2016 at HKMU. The CME event comprised two main activities: the first was a student-led presentation that highlighted the burden of premature birth- its causes, management, complications and prevention, including Kangaroo Mother care- its function and importance. The second activity was a skills demonstration, where students made demonstrations on how to perform the Neonatal Resuscitation Protocol.

More than 200 participants attended the CME event, including medical and nursing students, and special invited guests, notably the Guest Speaker Dr. Augustine Massawe (a Neonatal Specialist), nurses working in the Neonatal Intensive Care Unit at Mwananyamala Regional Referral Hospital, as well as staff of Hubert Kairuki Memorial University and Kairuki Hospital.

Students were given a glimpse of what they would expect when they begin clinical practice and experienced healthcare personnel, were reminded why this is an important issue that must be tackled.
in order to save babies’ lives. Students who had been previously trained on how to conduct Neonatal Resuscitation Protocol (NRP) demonstrated various steps in neonatal resuscitation to fellow students as well as staff members and invited guests. Trainers emphasized on the importance of knowing when to start resuscitation, how to providing effective resuscitation and when it is advised to stop resuscitation.

Moreover, special emphasis was put on Kangaroo Mother Care (skin-to-skin contact between a mother and a baby). Inexpensive and beneficial to both mother and baby, Kangaroo Mother Care has been proven to be very effective especially in low-resource settings.

Presenters explained how and why it is done as well as reminding the audience that fathers too can provide Kangaroo Mother Care. Students who did the presentation were Henry Takule, Lujaina Hassanali, Sara Siwji, Ummy Msenga and Gambuna Koya.

The Guest Speaker Dr. Augustine Massawe, shared his experience, knowledge and advice from years working as a neonatal specialist. He commended the initiative taken by the University to tackle the issue of prematurity and impart knowledge and skills on how to manage babies born too soon.

Furthermore, he stressed the importance of continuing to educate and train more people on skills such as Kangaroo Mother Care (which is practiced in only 48 facilities in the country) and Neonatal Resuscitation as they can save many lives.

Dr. Augustine Masawe (4th from left) observing Neonatal Resuscitation demonstration performed by students.
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